

D-1 PREP GUIDE

2002 – St. Croix Pony Club

This is your first experience at “rating” prep. Here is some information.

What is a “**RATING**”?

A rating is not a test. We sometimes call it a test but it is really a list of skills that you practice to reach a certain level of Pony Club. An older and more experienced Pony Clubber will help you prepare for your rating. Do not get scared or over excited.

The D-1 skills are the ABC’s (basics) of English Riding and the correct way to care for horses.

The Test Sheet is divided into 2 portions, the Riding (mounted) Expectations and the Horse Management Expectations.

You should practice answering these questions.

What is Horse Management? These are skills you learn to take care of your pony.

RIDING EXPECTATIONS

You must be able to ride independently (no lead line) at the walk and trot.

- Steer your pony correctly
- Ride in the correct position at the walk and halt.
 - Heels down
 - Stirrup on the ball of the foot
 - Sit up straight
 - Hold the reins with thumbs facing the horse’s ear
 - Hold the reins with the pinkies on the outside
- Shorten and lengthen your reins at the halt.
- Demonstrate simple change of directions at the walk and trot.
- Perform gradual transitions from walk to trot and walk to halt.
- Ride over poles on the ground in jumping position
- What are the reasons for different positions on the flat and over fences
 - 1.
 - 2.
 - 3.
 - 4.

- What are transitions?

HORSE MANAGEMENT EXPECTATIONS

What is turn out?

1. Pasture

2. Dress

Parts of Pony /Tack

1. Name and locate as many parts of the saddle and bridle as possible
(at least 10)

2. Give 2 reasons for cleaning tack.

1.

2.

3.

3. Name and locate as many of the parts of the Pony as possible (at least 10)

Stable Management

1. What does the curry comb or stiff brush do?

2. What does the soft brush do?

3. Why do you pick out your pony's feet everyday?

4. Are you able to tack up and untack with someone helping?

Have an instructor initial and date this. _____

Leading /Longeing/Conditioning/Nutrition

1. How do you approach a pony safely?

2. How do you put on a halter?

Instructor's initials _____ and date _____.

3. How do you lead and turn correctly?

Instructor's Initials _____ and date _____

4. Why do you make sure your pony is cooled out after riding?

5. How do you give a tidbit to a pony safely?

6. How do you give water, grain and hay to a pony safely?

Health Care/Veterinarian

1. Who is a veterinarian? What does he do?

2. Why might he visit your pony?

Road and Travel Safety

Give four rules for safe riding in a group in the ring.

1.

2.

3.

4.

